

Helen Hsu, PsyD



Helen Hsu, PsyD, is a manager within the Human Services Department of the City of Fremont, Calif. She is clinical supervisor of the Youth and Family Services division which provides community, school, home and police station site-based mental health services. Hsu has been a director of clinical training supervising master's and doctoral psychology and counseling students since 2003. Hsu began her clinical supervision and program coordination career at Asian Community Mental Health Services in Oakland, Calif., where she had first interned as a bilingual (Mandarin) clinician. In addition, Hsu recently completed a three-year term on the American Psychological Association Committee on Lesbian, Gay, Bisexual and Transgender Concerns (2011-2014). Hsu has been working for three years on a joint project between the Asian American Psychological Association and the American Psychological Association to revise the psychology ethics code to better serve ethnic minority communities. Her current work is primarily exploring cultural adaptations and community-based approaches to improve access to psychological care for diverse under-served communities.